



CHERRY & WHITES



GLOUCESTER RUGBY
v BATH RUGBY & EXETER CHIEFS

PREMIERSHIP RUGBY CUP
12 NOVEMBER 2021 | 7:45PM
20 NOVEMBER 2021 | 1:00PM

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WHAT IS THE PREMIERSHIP RUGBY CUP?

THE PREMIERSHIP RUGBY CUP IS A COMPETITION DESIGNED TO GIVE GAME TIME OPPORTUNITIES TO THE WIDER MEMBERS OF THE SQUAD.

Academy players, players returning from injury and players pushing for a place in the 1st team will all be on display as the clubs compete for the Premiership Rugby Cup trophy.

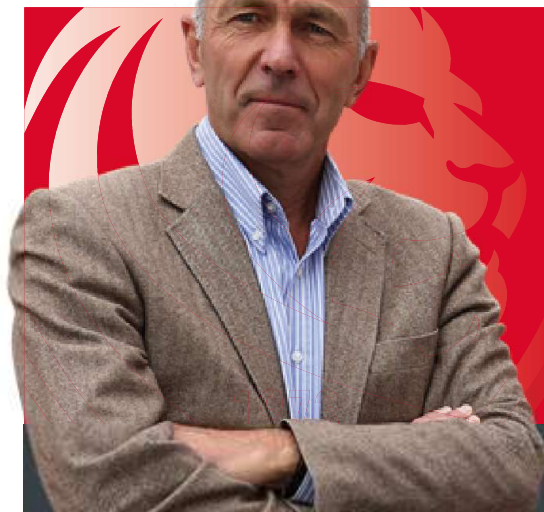
Teams are broken down into three pools with the Cherry and Whites placed in Pool 1 alongside Bath, Bristol, Exeter and Worcester.

Gloucester Rugby will play each side once with two home fixtures against Bath and Exeter before away trips to Worcester and Bristol. If results go our way, we will then qualify for a semi-final before the final of the competition on Wednesday 18 May.

FORMAT

- League points shall be awarded based on the results of each Pool Match and also each Cross-Pool Match
- All teams will play a total of 4 Pool Matches
- League points follow the normal rules, 4 for a win, 2 for a draw, 0 for a loss, and Bonus Points for 4 tries or more and/or losing by 7 or less match points
- On completion of the pool and Cross-Pool Matches each Club will be ranked within each pool
- The three pool winners (ranked 1, 2 and 3) and the highest ranked second place team (ranked 4) will qualify for the knock-out stage
- The knock-out stage shall be divided into two semi-final Matches and a final





MARTIN ST. QUINTON

CHAIRMAN

HELLO AND WELCOME TO OUR PREMIERSHIP RUGBY CUP FIXTURES. WE HAVE A DOUBLE HEADER THIS TIME WITH TWO WEST COUNTRY HOME GAMES AGAINST BATH AND EXETER.

Whilst we are in an international period, with many Cherry and White players representing their countries, it is a great opportunity for our wider squad to get some game time in a competition designed to give those outside the regular squad valuable match experience.

We have a great Academy here at Gloucester Rugby and to see our young players given the opportunity to pull on the Cherry and White shirt and run out at Kingsholm will be fantastic.

We take player development very seriously and the work that both Carl Hogg and Peter Walton do to produce Gloucester boys playing for the club is outstanding. There's nothing better than seeing a local lad playing in front of the Shed.

We have some players returning from injury, and again, this is another excellent opportunity for them to prove their match fitness and get back to full strength ahead of us returning to Premiership action later this month.

Many of our best players over the years were given their first Gloucester Rugby minutes in this competition so who knows, we could see another star emerge over this block of fixtures.

I hope you enjoy the games,

Martin



NEWSNEWSNEWSNEWS

MATCHDAY MASCOTS

V BATH RUGBY



Today's matchday mascot is **Scott Yan**.

Scott is currently at school at St. Hugh's School and he plays rugby for the school team.

V EXETER CHIEFS



Today's matchday mascot is **Jack Cannon**.

Tom is currently at school at Cothill House and he plays rugby for Oxford Rugby Club. His favourite player is Louis Rees-Zammit.

The Gloucester Rugby Matchday Mascot is kindly sponsored this season by:































RUGBY FOR HEROES GAME



TICKETS ARE AVAILABLE HERE

Gloucester Rugby will host an army rugby fixture at Kingsholm on Wednesday 17 November when the UK Armed Forces RFC will play a Rugby for Heroes side.

MEN'S SQUAD

<p>RUAN ACKERMANN</p>  <p>BACK ROW</p> <p>CRX</p>	<p>MATIAS ALEMANNO</p>  <p>LOCK</p> <p>AVAILABLE</p>	<p>MARK ATKINSON</p>  <p>CENTRE</p> <p>THE CULLIMORE GROUP OF COMPANIES</p>	<p>FRASER BALMAIN</p>  <p>PROP</p> <p>Electrical Solutions Group Ltd Diane_atl@esg.co.uk 01753 681111</p>	<p>WILL BRITTON</p>  <p>LOCK</p> <p>AVAILABLE</p>	<p>SANTIAGO CARRERAS</p>  <p>FULL BACK</p> <p>Auto Air</p>	<p>CHARLIE CHAPMAN</p>  <p>SCRUM HALF</p> <p>FOKER & EIGHT</p>
<p>FREDDIE CLARKE</p>  <p>BACK ROW</p> <p>AVAILABLE</p>	<p>WIAN CONRADIE</p>  <p>BACK ROW</p> <p>AVAILABLE</p>	<p>ALEX CRAIG</p>  <p>LOCK</p> <p>LEXI YOUNG</p>	<p>ANDREW DAVIDSON</p>  <p>LOCK</p> <p>AVAILABLE</p>	<p>HARRY ELRINGTON</p>  <p>PROP</p> <p>AVAILABLE</p>	<p>LLOYD EVANS</p>  <p>FLY HALF</p> <p>AVAILABLE</p>	<p>JAMAL FORD-ROBINSON</p>  <p>PROP</p> <p>THE CULLIMORE GROUP OF COMPANIES</p>
<p>TODD GLEAVE</p>  <p>HOOVER</p> <p>AVAILABLE</p>	<p>KIRILL GOTOVTSEV</p>  <p>PROP</p> <p>AVAILABLE</p>	<p>CHRIS HARRIS</p>  <p>CENTRE</p> <p>AVAILABLE</p>	<p>ADAM HASTINGS</p>  <p>FLY HALF</p> <p>AVAILABLE</p>	<p>CIARAN KNIGHT</p>  <p>PROP</p> <p>AVAILABLE</p>	<p>GIORGI KVESLADZE</p>  <p>CENTRE</p> <p>AVAILABLE</p>	<p>LEWIS LUDLOW</p>  <p>BACK ROW</p> <p>Auto Air</p>
<p>JONNY MAY</p>  <p>WING</p> <p>MIPERMIT</p>	<p>BEN MEEHAN</p>  <p>SCRUM HALF</p> <p>AVAILABLE</p>	<p>BEN MORGAN</p>  <p>BACK ROW</p> <p>RENISHAW apply innovation™</p>	<p>KYLE MOYLE</p>  <p>FULL BACK</p> <p>AVAILABLE</p>	<p>SEB NAGLE-TAYLOR</p>  <p>BACK ROW</p> <p>AVAILABLE</p>	<p>JAKE POLLEDRI</p>  <p>BACK ROW</p> <p>THE CULLIMORE GROUP OF COMPANIES</p>	<p>VAL RAPAVA-RUSKIN</p>  <p>PROP</p> <p>AVAILABLE</p>



<p>LOUIS REES-ZAMMIT</p> <p>WING</p> <p>AVAILABLE</p>	<p>JORDY REID</p> <p>BACK ROW</p> <p>CULLIMORE GROUP OF COMPANIES</p>	<p>TOM SEABROOK</p> <p>CENTRE</p> <p>AVAILABLE</p>	<p>ALEX SEVILLE</p> <p>PROP</p> <p>AVAILABLE</p>	<p>CHARLIE SHARPLES</p> <p>WING</p> <p>AVAILABLE</p>	<p>JOE SIMPSON</p> <p>SCRUM HALF</p> <p>AVAILABLE</p>	<p>JACK SINGLETON</p> <p>HOOVER</p> <p>miworks</p>
<p>ED SLATER</p> <p>LOCK</p> <p>KB BUILDING SERVICES</p>	<p>SANTIAGO SOCINO</p> <p>HOOVER</p> <p>AVAILABLE</p>	<p>JACK STANLEY</p> <p>PROP</p> <p>AVAILABLE</p>	<p>OLLIE THORLEY</p> <p>WING</p> <p>AVAILABLE</p>	<p>BILLY TWELVETREES</p> <p>CENTRE</p> <p>HAZLEWOODS</p>	<p>HENRY WALKER</p> <p>HOOVER</p> <p>AVAILABLE</p>	<p>JASON WOODWARD</p> <p>FULL BACK</p> <p>AVAILABLE</p>



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COACHING
STAFF

<p>GEORGE SKIVINGTON</p> <p>HEAD COACH</p>	<p>ALEX KING</p> <p>ATTACK COACH</p>	<p>DOM WALDOUCK</p> <p>DEFENCE COACH</p>	<p>TREVOR WOODMAN</p> <p>ASSISTANT & ACADEMY FORWARDS TRANSITION COACH</p>	<p>TIM TAYLOR</p> <p>ASSISTANT & ACADEMY BACKS TRANSITION COACH</p>
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BATH RUGBY

OUR FIRST PREMIERSHIP CUP GAME OF THE SEASON IS AGAINST BATH UNDER THE FRIDAY NIGHT LIGHTS. THE WEST COUNTRY DERBY AGAINST OUR HISTORIC RIVALS IS ALWAYS A TASTY ENCOUNTER AND THIS FRIDAY'S GAME WILL BE NO DIFFERENT.

THREE TO WATCH



ORLANDO
BAILEY

The Bath fly-half is a product of the Blue, Black and White academy and has been given some good game time in recent games.

He is a young fly-half, with a lot of promise and potential and has shown he is capable of excelling at this level.



MAX
OJOMOH

Max Ojomoh is a young and exciting centre. He is very driven to forge his own path as a player in the Blue, Black and White and to develop his own reputation with Dad Steve being a Bath legend.

Ojomoh earned a starting place in the England U20s this year, playing at inside centre in the Red Rose of England.



GEORGE
WORBOYS

Comfortable at fly-half and full-back, the former Beechen Cliff School pupil is a real attacking threat with ball in hand and has the intelligence and vision to create scoring opportunities for others.

He has featured heavily for England U18s alongside Orlando Bailey.

DIRECTOR OF RUGBY STUART HOOPER



HOOPER JOINED BATH RUGBY FROM LEEDS AT THE START OF THE 08/09 SEASON. ON 5 JULY 2011 HOOPER WAS NAMED THE NEW BATH RUGBY CLUB CAPTAIN FOR THE 2011/12 SEASON.

On 14 April 2016 Hooper retired with immediate effect from all rugby under medical advice as the result of a back injury.

On 30 August 2016 it was announced that Hooper would take on the role of Performance and Player Development Director at Bath.

On the 7th May 2019 it was announced that Hooper would take on the role of Director of Rugby for Bath Rugby at the start of the 2019/20 season, following the departure of Todd Blackadder.

During the 2019/20 campaign, Hooper led Bath Rugby to the play-offs for the first time since the 2014/15 season, when the Blue, Black and White last reached the Premiership final.





CLICK HERE
FOR MATCH
HIGHLIGHTS

LAST TIME WE MET

IN THE PREMIERSHIP RUGBY CUP

GLOUCESTER RUGBY
WERE UP 24-0
BEFORE A FREDDIE
BURNS INSPIRED
BATH COMEBACK
LED TO THE CHERRY
AND WHITES LOSING
24-26.

Louis Rees-Zammit, Jaco Kriel, Charlie Chapman and Jake Morris all scored for the hosts but it wasn't enough as the visitors claimed the West Country bragging rights.

After 20 minutes, Bat were looking down the barrel of a potential humiliation against the Cherry and Whites, trailing 24-0 but they came back to keep their hosts scoreless for the next hour and scored four tries of their own through Ross Batty, Will Stuart, Freddie Burns and Jack Walker to secure a stunning 24-26 victory.



GLOUCESTER RUGBY
HERITAGELV= CUP
SUCCESS
IN 2010-11

Ollie Morgan

Gloucester are past winners of the LV= Cup, which preceded the Premiership Cup, but also included Welsh clubs. Gloucester embarked on their 2010-11 campaign as runners-up from the previous season, when they had lost 24-30 to Northampton in the final at Sixways, Worcester. It was mighty close – it looked as though Nicky Robinson had scored a try to win the game, only for it to be disallowed on review. Despite this pedigree, the 2010-11 campaign did not start well.

NEWPORT GWENT DRAGONS 18 GLOUCESTER 12

A trip to Rodney Parade on a damp and dismal evening in early November, ended in defeat by Newport Gwent Dragons. Playing with the wind at their backs in the first half, Gloucester errors were punished, and only a penalty try on the stroke of half-time kept the margin to 13-7. The Gloucester scrum functioned better in the second half, but the Dragons kicked long to keep pinning them back. Lesley "Volcano" Vainikolo scored a try wide out to put Gloucester only one point behind, but it was the closest they came.

GLOUCESTER 36 SARACENS 10

Next up were Saracens at Kingsholm. Gloucester dominated possession despite the visitors' sizeable South African contingent. They played adventurously, while Saracens preferred a kicking game, and it paid off. Charlie Sharples scored an early try, and another by James Simpson-Daniel from a break by Eliota Fuimaona-Sapolo, both converted by Tim Taylor, made it 14-0. Henry Trinder picked off a loose Saracens pass on his own 22, and sprinted home for a half-time score of 24-3. After the break, Saracens resumed with an attack, but the ball was stripped, Fuimaono-Sapolo passed to Simpson-Daniel, who made fifty metres and slipped the ball to Trinder to score. The Gloucester pack was now in full cry, and burst into the Saracens 22 for a catch and drive which saw Olivier Azam score Gloucester's fifth try to popular acclaim.

LEEDS 16 GLOUCESTER 30

A trip to Headingley at the end of January saw a hard fought game against Leeds. The Volcano scored an early try, but Leeds came back strongly and it was only 8-6 after an exchange of penalties. Freddie Burns set up a chip and chase involving Jim Hamilton, and finally Tom Voyce who scored. Another penalty was conceded for a half-time score of 15-9. After the break, Nicky Robinson stretched the lead with a penalty, but Leeds fought back to draw close at 18-16, before two late tries by Nick Wood on the end of a catch and drive, and Tim Molenaar following a break by Charlie Sharples, carried on by Jonny May, settled the match.

GLOUCESTER 41 LONDON IRISH 8

A week later, Gloucester were back home at Kingsholm to take on London Irish, and ran riot in the first half to build a handsome 29-3 lead. The pack advanced 30 metres with a rolling maul, Tim Molenaar scored the first try, and Charlie Sharples soon added a second. Concerted pressure forced a penalty try, Jim Hamilton stretched over the line for another, and Eliota Fuimaono-Sapolu put Ollie Morgan in for the fifth. The heat went out of the game in the second half, but in the last ten minutes Akapusi Qera broke several tackles to score, and Sharples took a reverse pass from Freddie Burns to secure his second.



Jim Hamilton

GLOUCESTER 45 NEWPORT GWENT DRAGONS 17

This took Gloucester through to a semi-final, where they again faced the Dragons, but it was a very different result at Kingsholm. The Gloucester pack played particularly well, and a catch and drive led to the first try by Andy Hazell. A few minutes later Eliota Fuimaono-Sapolu touched down after collecting from Nicky Robinson, who later intercepted and ran sixty metres to score. At half-time Gloucester led 17-0. Charlie Sharples dominated the second half with four tries, before the Dragons ran in two in the last ten minutes, but it was far too little far too late.

GLOUCESTER 34 NEWCASTLE 7

The final was played on 20th March 2011 against Newcastle at Franklin's Gardens, Northampton, where the sun shone, and Gloucester's stranglehold of possession through the pack eventually paid off handsomely. Early on, slick passing put Tom Voyce over in the corner, Nicky Robinson converted, and then added a penalty, but that ended the scoring in the first half.



Tom Voyce

Another Robinson penalty was the only score before the game burst into life in the final quarter. A stylish move on the left by the Gloucester backs involving Matt Cox, Robinson and Eliota Fuimaono-Sapolu sliced open the Newcastle defence for an elegant try. Robinson then exercised good game management to hem Newcastle in close to their line. The backs put together a move which resulted in Charlie Sharples crossing in the corner. There were near misses at both ends as the match ran down, and Eves finally scored for Newcastle to put them on the score sheet. In the dying seconds of the game Gloucester mounted a catch and drive which saw Darren Dawidiuk touch down, and Robinson's conversion rounded off a comprehensive victory.



The Cherry & Whites celebrate their success

GEORGE BARTON

CLICK HERE TO
LISTEN TO THE
INTERVIEW



George Barton has been working hard over the off-season and has been pushing every day in training to become a better player. With the Premiership Rugby Cup, Barton is looking forward to getting back to playing and is hoping to get some good game time in the competition.

One of the ways that George has been developing himself is by putting on some lean muscle mass.

"It's all down to mum's cooking at the end of the day!" says the young Cherry and White fly-half.

"You can look at it two ways really. I feel that weight is a very specific thing. Any player could be whatever weight with a certain skillset. For me personally, I felt that I needed a bit more weight just to toughen me up in certain contact areas. A lot of teams will target the 10 so I thought for myself personally I needed a bit more weight on me to help with that aspect.

"My mum has really helped me out with my food at the moment. They've been forcing it down me! I really smashed my nutrition

over the off-season, and I've managed to put a couple of kilos on, I think it was about 4kg which might not sound like a lot but for me it's massive."

With the extra size, Barton has been able to increase his strength and this has made his body more suited to top flight rugby.

"I've really worked on it and my strength scores and the amount of weights I'm lifting and how much I can lift now has also gone up.

"In the pre-season games against Coventry and Ealing, I found myself feeling a lot more confident in contact areas and making a lot more dominant, aggressive hits."

Last season, George made 12 appearances in the Cherry and White shirt and coped well when called upon to start at fly-half.

Having had little exposure to topflight rugby before, he excelled and stood up to the task.

"Last year, the way it all happened, it was just a bit of a whirlwind. I sort of came out of nowhere and had a good run of games on the bounce, but it was massive for me just to be able to get myself out there and to put myself in such a challenging environment which I wasn't used to at all."



Having taken the time to look back, Barton knows how big an opportunity it was and how good the exposure was for him.

"The amount of stuff I managed to learn from being in that environment last year, that's helped me develop massively and I feel like I personally saw myself grow as a player more and more as the games went on.

"Looking at it now, being able to take a step back from it over the offseason, I've managed to take away and break down parts of my game and look at areas that went really well and areas that I can still work on."

Having had some time to reflect and develop as a player, George is keen to get back playing at Kingsholm and remind the Gloucester Rugby coaches of what he is capable of on the pitch.

"I always look forward to the Prem Cup because it's an opportunity. It's exciting for me to pull on a Gloucester Rugby shirt again and I couldn't ask for a better game with it being a Friday night at home under the lights against Bath. You can't really ask for much more!"

The first Premiership Cup fixture against Bath will be a special one.

"I grew up watching Bath vs Gloucester Rugby in the Shed. From such a young age. I was a ball boy as well watching Bath and Gloucester from the side of the pitch. I've always understood the atmosphere and the history behind the

rivalry that there is. It's a privilege to be given the opportunity to actually play in this game against Bath and hopefully I can play my part for the team.

"Having the fans back around the ground and that run along the Shed and being able to hear the roar, I got goosebumps from that so having that back has been unbelievable."

Gloucester born and bred, Barton knows how important it is for the city that the Cherry and Whites are back training in the heart of the county.

"It's made us feel a lot more cohesive as a club but it's also made us a lot closer to the city. When I've spoken to people in Gloucester and the fans, just being around Gloucester and to be close to the centre feels like we're the heartbeat of the city.

"The fact it's brought us closer to our fan base, which is one of the biggest things that the club has, as well as every department coming together as a club, I think it's massive and it's been great the way we've moved forward with it all and the way we've interacted with everyone as well."

One of the biggest differences from last year is the fact that an international fly-half has joined the Cherry and Whites in the form of Adam Hastings. This has been great for young George who has been able to learn from the Scot.

"Hastings has been brilliant. We've had a lot of chats and I'm just learning off him and how he plays the game. There are opportunities to analyse how he sees the game and how I can try and incorporate that into my game. He's been great to talk to and learn off and it's been really good since he's come in."

Barton is looking forward to pulling on the Gloucester Rugby shirt and playing in front of Kingsholm.

"It's going to be unbelievable."





EXETER CHIEFS

ON SATURDAY 20 NOVEMBER, WE HOST EXETER CHIEFS FOR OUR SECOND WEST COUNTRY PREMIERSHIP CUP GAME. EXETER NARROWLY BEAT US WHEN THEY VISITED KINGSHOLM IN THE PREMIERSHIP A FEW WEEKS AGO WITH THE DEVON SIDE DEFEATING THE CHERRY AND WHITES 16-13.

Both clubs will be putting out very different sides but there is no doubt that we want to avenge our loss to our West Country rivals.



CLICK HERE
FOR MATCH
HIGHLIGHTS

THREE TO WATCH



**JOSH
HODGE**

Young fullback Josh Hodge has made 11 appearances for Exeter and the former England U20 will be hoping for more game time in the Premiership Cup.

In 2020 he was called up as an apprentice player by England head coach Eddie Jones for the Guinness Six Nations training squad, a sign of how talented he is as a player.



**FRANKIE
NOWELL**

Jack Nowell's younger brother Frankie is hoping to follow in his sibling's footsteps. Playing either wing or fullback, Nowell is a strong attacker and will be hoping for opportunities to show what he can do in the Premiership Cup.



**SAM
MAUNDER**

Another Maunder, another Exeter scrum-half!

Sam Maunder was always destined to play rugby after his family hit such heights in the sport. His father, Andrew, won 149 league caps for Exeter and his brother, Jack, made it into the Chiefs senior side at just 19 years of age and played a part in the Premiership-winning side of 2016/17.

DIRECTOR OF RUGBY

ROB BAXTER



EXETER'S DIRECTOR OF RUGBY, ROB BAXTER INITIALLY JOINED THE CLUB AS A YOUNG COLT IN 1987 AND QUICKLY WORKED HIS WAY UP THROUGH THE RANKS TO THAT OF A FIRST TEAM PLAYER.

During a distinguished 16-year playing career, 10 of which he served as club captain, Rob amassed over 300 appearances for the Devon club at their old County Ground home.

Originally from Tavistock and the son of former Exeter Rugby Club stalwart, John Baxter, Rob has lived in Exeter for over 40 years. Following his retirement from playing, he started his coaching career as the Director of Rugby at the University of Exeter and combined this with coaching at Exeter Chiefs, firstly with the United team and then as forwards coach.

Rob became head coach in 2009, and during his first season in charge, he led the team to promotion from the RFU Championship and into the Aviva Premiership for the first time in the club's history.

In the subsequent years that have followed, Rob has not only established the Chiefs as proven force within English rugby's top tier, but also further afield in Europe where the club are now regarded as a rising force within the modern-day game.

In the 2011/12 season he picked up the prestigious Premiership Rugby Director of Rugby accolade for the first time and has since been nominated on three previous occasions at the annual awards night in London.

A year later he was part of the England coaching set-up during their summer tour to Argentina, before he successfully guided the Chiefs to their first piece of major silverware in 2014, when they beat Northampton Saints at Sandy Park to lift the LV= Cup.

He has continued to oversee huge on-field success for the Chiefs, steering them to a first-ever Champions Cup quarter-final in the 2015/16 season and a first Premiership final in 2016, when his side narrowly lost



out to Saracens in the end of season showpiece at Twickenham.

A year later, though, Baxter was guiding his side back to the home of English rugby where, following a fantastic 16-game unbeaten run, they overcame Wasps in the 2017 Premiership Final to lift the English title for the first time.

Success has continued to flow for the Chiefs over recent years, most notably seeing the Devon club crowned both European and English champions in a historic double win in 2020. It was a major success for Exeter and one which underlined Baxter's status as one of the leading coaches within the modern-day game.

Following that double success, Baxter was awarded an OBE in the Queen's New Year's Honours List.



WILL CARVALHO

GLOUCESTER OLD SPOT PORK BELLY WITH SAFFRON MASH, THIS COOKS FOR 6 TO 8 PEOPLE

EAT LIKE A PRO

PORK BELLY & MASH



INGREDIENTS:

For the pork belly

- 8 bay leaves
- 2 thumb-sized pieces gingerroot
- 15 garlic cloves
- 150 ml olive oil
- 3 kg Gloucester Old Spot pork belly, ask your butcher to score it for you (complete with skin and bones)

Ingredients for the saffron mash:

- 600g of floury potatoes, such as King Edward or Maris Piper
- 1 pinch of saffron
- 150ml of double cream
- 75ml of olive oil
- 1 pinch of garlic, crushed
- salt
- pepper

INSTRUCTIONS:

- Combine all the ingredients (apart from the pork) in either a food processor or a pestle and mortar, then rub them well into the skin of the pork belly. Leave it somewhere cool to marinate for as long as you can bear (between 1 hour and 2 days).
- Preheat your oven to 110C/fan 90C/gas 1/4 or as low as it will go. Roast the pork for 3 hours. Check to make sure it's not pink. If it is, give it a bit longer.
- Lastly, for your Maillard reaction, whack the oven up to 240C/fan 220C/gas 9 or as high as it will go and roast for 10-15 minutes or until crisp.
- Let the belly rest but not for more than 10 minutes and serve.
- To begin, boil the potatoes in salted boiling water until tender. Meanwhile, add the cream, saffron, oil and garlic to a pan and warm over a very low heat to infuse the saffron into the mixture. Whisk to emulsify
- Drain the potatoes, allow to steam and dry then pass through a potato ricer into a bowl. Beat in the infused saffron mixture until you have a beautifully rich, smooth mash. Season generously and serve it with the pork belly!

ACADEMY SQUAD



AVAILABLE



AVAILABLE



AVAILABLE



AVAILABLE



AVAILABLE



AVAILABLE



AVAILABLE



AVAILABLE



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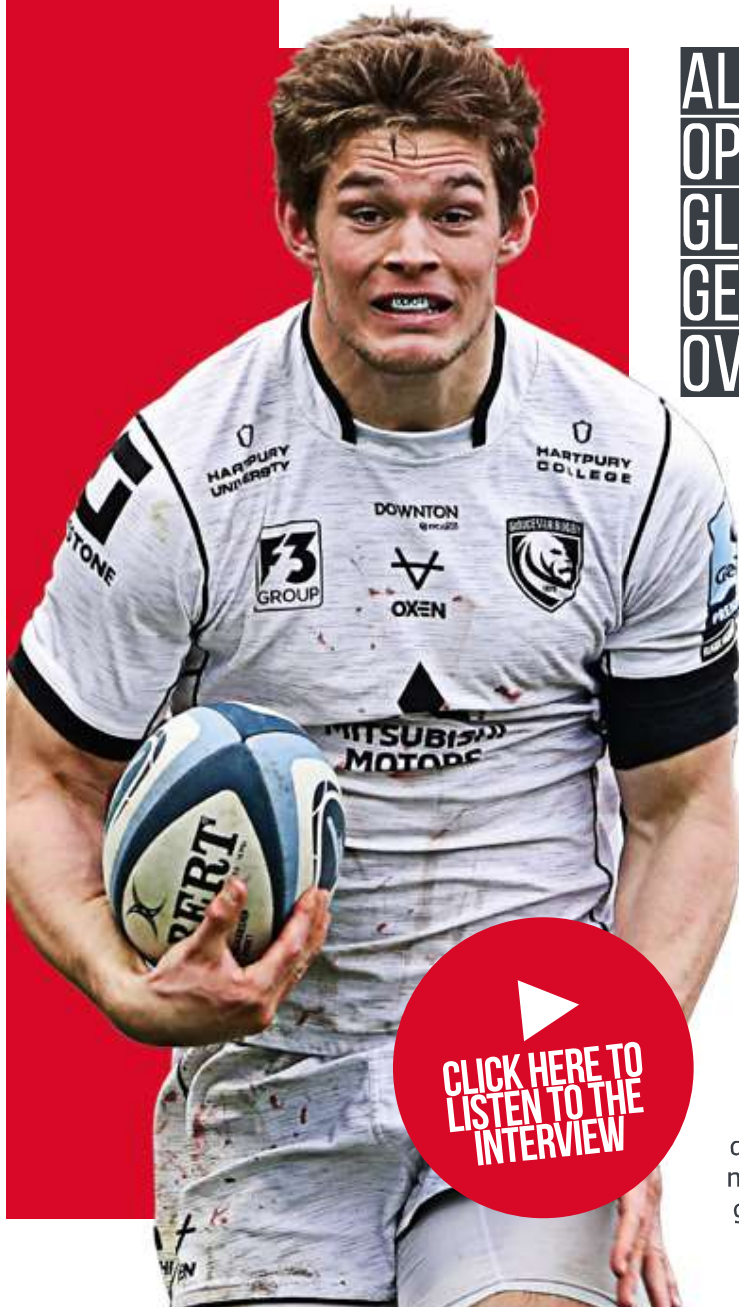
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07368 320997**

ALEX MORGAN LOOKS FORWARD TO PREMIERSHIP RUGBY CUP ACTION



ALEX MORGAN IS RELISHING THE OPPORTUNITY TO PUT ON THE GLOUCESTER RUGBY SHIRT AND GET SOME GOOD GAME TIME OVER THE NEXT FEW WEEKS.

"There are a lot of boys in the squad who are actually needing this game time because they haven't played in a while. The boys really want to put their hands up and do what they can for the shirt and show what they've been doing over the last few months in training."

After the covid pandemic ended the Premiership Cup, Al is looking forward to starting the competition and playing in front of the Kingsholm crowd.

"It's amazing. It's absolutely fantastic. I think a lot of boys missed it. Fair play to us, we've been patient this year and through last year and we've been helping the 23 boys get ready for the Prem games. It's been a whole squad effort there but everyone is so excited to play games and really rip into it over these two weeks."

As good as training is, there's no substitute for game time.

"There's nothing like it at all. Training doesn't simulate a game at all. This weekend we're home against Bath. It's a derby and especially at home on a Friday night under the night lights in front of a big Gloucester crowd, it should be good and it will definitely get the boys going."

CLICK HERE TO LISTEN TO THE INTERVIEW

The Premiership Cup is a great opportunity for young players to get minutes under their belt but the Cherry and Whites also set up an A League game against Bristol a few weeks ago.

"We've just been doing exactly what the coaches want. We've been listening and taking it in. I said at the start of the season that I'm going to be a sponge and that's exactly what I've done with the help of the internationals. I just want to soak up all of the information and now show it on the field when I get these opportunities."

"All of the coaches always say to train like it's a game to show us what we can do. That's been some good momentum for me. Hopefully I can take what I've been doing in training and show it on the field."

It's been a while since Alex has played in front of a crowd and it's an exciting time for the Welshman.

"I'm definitely a bit nervous! I don't think you'd be human if you didn't get nervous. This Friday, it's a 7:45 kick off so I've got the whole day. I'm still unsure what I'm going to do during the day!"

"As soon as I get out on the field and warm up, with the Gloucester fans in the Shed, it definitely takes the nerves away and brings a lot of excitement for the game and puts that adrenaline straight into your body."

"It'll be my first proper Friday night game. To play in front of the fans at Kingsholm, I'm really looking forward to it. It's every boy's dream come true."



VETERANS' GROUP



HERE AT GLOUCESTER RUGBY FOUNDATION, WE PRIDE OURSELVES ON LOOKING AFTER THE GREATER COMMUNITY AND THIS DOESN'T FALL SHORT WHEN IT COMES TO THE VETERANS. EVERY WEDNESDAY WE HOLD A VETERAN'S GROUP IN THE COMMUNITY HUB HERE AT KINGSHOLM STADIUM, THIS IS A CHANCE FOR THE VETERANS IN THE GLOUCESTER AREA TO COME DOWN AND ENJOY EACH OTHER'S COMPANY OVER SOME TEA AND COFFEE AND OCCASIONALLY SOME BISCUITS!

At the vets group we do a range of things to socialise and interact with each other, things such as sharing old memories, having guest speakers come in, stadium tours and visiting sites in and around Gloucester. This to give them opportunities they might not get if they didn't attend the group.

We have links with Help for heroes, SSAFA - the armed forces charity and others to provide support to those who need more than just a social catch up each week. It allows us to build a friendly community within and help the people that have contributed to the country the most.

Rob Howells the Vice Chair of the Gloucester City Royal British Legion and regular Veteran who attends our group said this: "The Service personnel, past and present of Gloucestershire are grateful to Gloucester Rugby Foundation in its support shown to them in the formation of their Veterans weekly lunch time drop-in sessions.

"We are also very pleased to be included in this Friday's Gloucester v Bath game, dedicated to the veterans and those serving, and look forward to also supporting the Act of Remembrance, Silence, and the Poppy collectors

"The staff supporting us are really enthusiastic and certainly expanding their own knowledge of the Armed Forces set up and sense of humour, and for us, many who are supporters/ticket holders of Gloucester Rugby."



IF YOU WOULD LIKE TO ATTEND THE GLOUCESTER RUGBY FOUNDATION VETERANS' GROUP, PLEASE FEEL FREE TO COME ALONG, IT RUNS EVERY WEDNESDAY AT THE COMMUNITY HUB AT KINGSHOLM BETWEEN 1PM- 2:30PM. LOOK FORWARD TO SEEING YOU THERE.

GLoucester-HARTPury WOMEN SQUAD



1873

ALICIA
MAUDE



AMBER
ROBSON



1873

AMY
DALE



1873

BIANCA
BLACKBURN



BETHAN
LEWIS



CERYS
HALE



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CARA
HOPE



CHARLIE
MAI-MANNS



CONNIE
POWELL



DAISY
FAHEY



DAISY
SMITH



ELLIE
GILBERT



ELLIE
UNDERWOOD



EMMA
MUNDY



EMMA
SING



EVIE
ROACH



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ERICA
MILLS



GABI
SKOV



GEORGIA
BROCK



GWEN
CRABB



HANNAH
JONES



KATHRYN
BUGGY



KELSEY
JONES



KERIN
LAKE

GLOUCESTER-HARTPURY SQUAD



KELLY
SMITH



LLUECU
GEORGE



MAISIE
BURTON



MEGAN
ISSAC



MIA
BOUCHER-WHITE



MIA
VENNER



NATASHA
HUNT



PIP
HENDY



PIPPA
ROBINSON



RACHEL
LUND



RANNI
SAMUDA



ROBYN
WILKINS



SHYA
PINNOCK



SISILIA
TUIPULOTU



SOPHIE
TANDY



SIAN
WILLIAMS



TABITHA
COPSON



TATYANA
HEARD



ZOE
ALDCROFT



JACK REEVES IS GOING ON AN AMERICAN ADVENTURE

GLOUCESTER RUGBY CENTRE
JACK REEVES HAS SIGNED
A TWO-YEAR LOAN DEAL
WITH MLR SIDE NEW
ENGLAND FREE JACKS.



CLICK HERE TO
LISTEN TO THE
INTERVIEW

The Cherry and White Academy player is going to split his time between the USA and Gloucester and it's a great opportunity for the youngster to get some game time under his belt and step closer to his dream of playing in the Premiership at Kingsholm.

"The way that my contract was working out, I was looking for different experiences. Luckily Gloucester Rugby wanted to keep me on and I was buzzing about that but then I'm thinking that I need to get more game time.



"New England Free Jacks in the MLR were interested in me and they were really keen to get me over there. It works out quite well because I'll go over there for half a season, get a lot of game time and hopefully play every game of the season. Get 20 games under my belt and then come back over here with a bit more experience. Both clubs were pretty happy with that."

The MLR season starts in March and runs through to August meaning that Reeves will be getting a 12-month season which will enhance his development.

"I go over there in January. The season is fairly short so I'll be out there for six or seven months. Then I'll come back to Gloucester for pre-season, hopefully develop my game and hopefully impress the Gloucester Rugby coaches and then I can come back and get straight back into it with Gloucester Rugby before then heading out again to America in January again."

It's a great opportunity for Jack who feels that an adventure like this is exactly what he needs at this stage in his life.

"I've been near Gloucester my whole life. I went to college at Hartpury and I've been at Gloucester Rugby for like three full years now. Going into my fourth year, this is going to be something completely different and it will be a good challenge for me outside of my comfort zone. I'm really excited."

Jack doesn't know many people over there, but he has a former teammate who will help him settle in and the help of new Gloucester Rugby signing Wian Conradie who joined the Cherry and Whites from the MLR side.



"There's a lad who's at Boston, Harry Barlow, who I played England U18s with. He went straight over there. I've spoken to him about it. Wian Conradie at Gloucester Rugby, he came from the New England Free Jacks so I've spoken to him and he's said some good things so it's massively exciting."

The MLR is a relatively new league but it is growing and becoming a bigger sport in America. It's an exciting brand of rugby, one that will suit Jack's playing style.

"It always seems to pop up on my social media! When I found out about the opportunity, I gave it a good YouTube."

"It's a fairly new league so it's exciting and they play a great style of rugby. I think that will contribute to my game quite nicely and hopefully I can keep developing it."

"I love getting the ball in my hands and taking on defenders. That seems to be how they play the game over there. I think that will be good when I link back up with the coaches over here and I can show them what I can do."

The nature of the loan deal means that the Gloucester Rugby coaches will still play a crucial role in Jack's development.

"I'll still be in touch with the coaches here when I'm over there and I'll give them a call every couple of games and be in touch with Tim Taylor. Hopefully he can help me put in some good performances."

Although Jack is travelling across the globe to play his rugby for the next few seasons, the goal is very much still to play for the Cherry and Whites in the Premiership.

"That's the dream really. Go over there for two years and develop my rugby, play some good rugby and hopefully I'll come back in a much better spot and be able to put myself forward for a first team spot."



THE CLUB PHOTOGRAPHER'S FAVOURITE SNAPS!

I have been asked to choose some of my favourite images from over the years as part of this season's programmes and will be sharing a few of my favourite photos throughout the year.

Having been the club photographer for 12 years, I see many of you around the ground and I have shared many great times together with both the players and the fans. During this time, I have really enjoyed recording a period of Gloucester Rugby's history. This club has soul.

So here are a few of my favourites. Some for photographic reasons, others for the sense of occasion.

I hope you enjoy and I look forward to seeing you at Kingsholm.

Martin Bennett



LV CUP FINAL VS NEWCASTLE, 20TH MARCH 2011

I like this picture because all the lads are celebrating in unison and it's always rewarding to come away with some silverware for the hard work put in over a long season.



KINGSHOLM SUNSET, JAPAN VS USA, IRB WORLD CUP 2015

Every time I go to Kingsholm I always look for something different, whether it's the players, the fans or, in this case, the lighting. So it's nice when nature throws up a picture for you!

FANS IN THE SHED VS EXETER, 29TH OCTOBER 2021

Pre-match I like to do a couple of laps of the ground, always looking for interesting angles. I like this image as it shows all of the characters and all of the faithful who come together to share something each match, which is what sport is all about.



EUROPEAN CUP VS TREVISO, 17TH JANUARY 2017

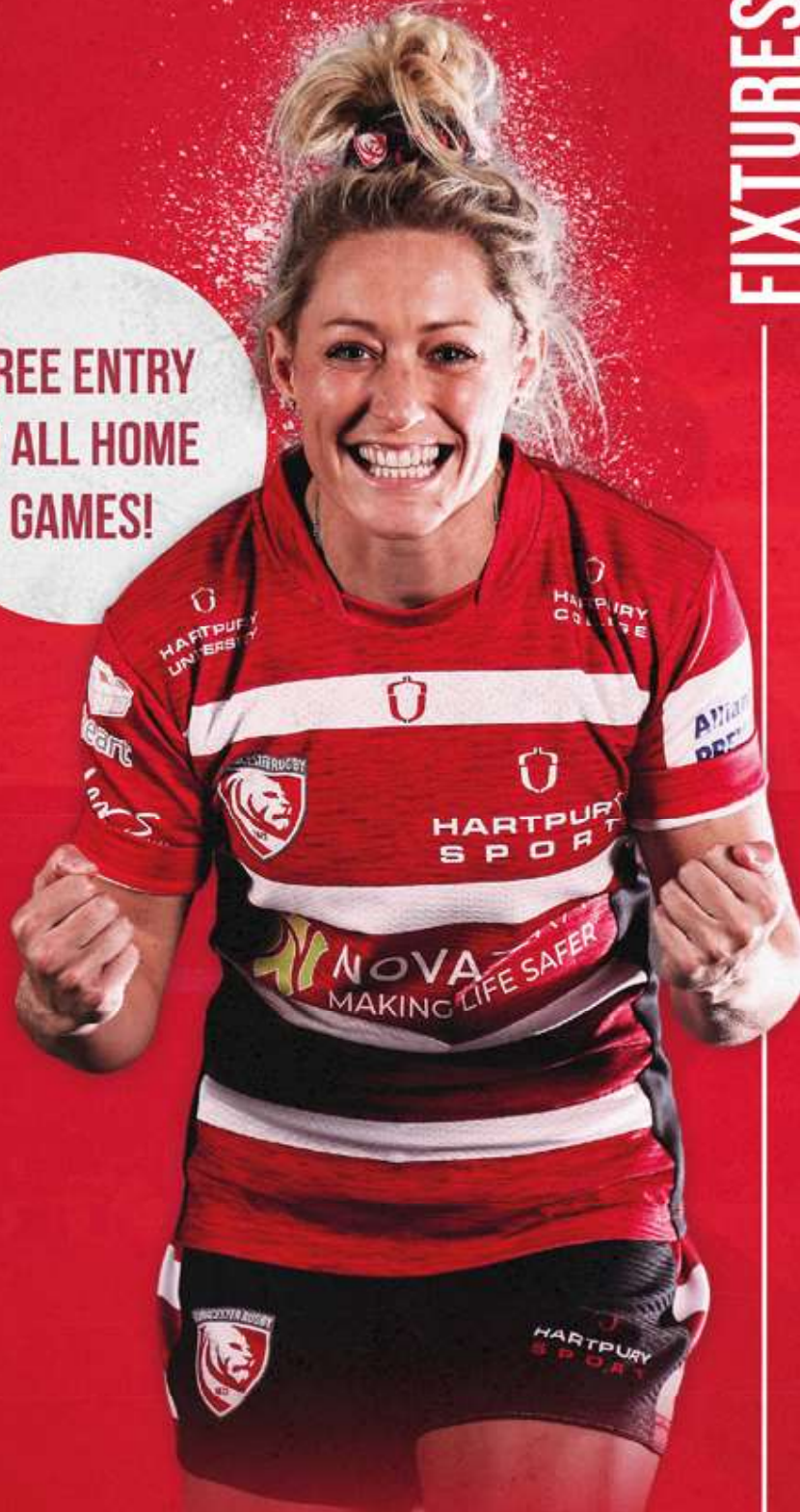
This image isn't about the photograph, it's about the occasion. With an extreme cold snap in northern Italy, the Treviso pitch was frozen solid. We needed points to get through to the next round so the game and the location was hastily rearranged to another artificial pitch the other side of town and all the supporters and fans rallied around to get the game played.

It was great camaraderie and atmosphere and it was enjoyed by all. I was even asked to sing a song on the team bus to celebrate our victory which caught me by surprise but was a good chuckle!



**HARTPURY
SPORT**

**FREE ENTRY
TO ALL HOME
GAMES!**



FIXTURES

OCTOBER

02	HARLEQUINS WOMEN	H
09	WASPS WOMEN	A
30	BRISTOL BEARS WOMEN	H

NOVEMBER

06	HARLEQUINS WOMEN	A
13	DMP DURHAM SHARKS	H
27	SARACENS WOMEN	H

DECEMBER

04	LOUGHBOROUGH LIGHTNING	H
11	EXETER CHIEFS	A
18	WORCESTER WARRIORS	A

JANUARY

08	BRISTOL BEARS WOMEN	A
15	SALE SHARKS WOMEN	A
29	HARLEQUINS WOMEN	A

FEBRUARY

05	EXETER CHIEFS	KINGSHOLM (TBC)
19	SARACENS WOMEN	A
26	LOUGHBOROUGH LIGHTNING	A

MARCH

05	WORCESTER WARRIORS	KINGSHOLM (TBC)
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APRIL

02	WASPS WOMEN	A
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MAY

07	WASPS WOMEN	H
14	DMP DURHAM SHARKS	A



NOVAZERA
MAKING LIFE SAFER

ALPAS ARENA, HARTPURY UNIVERSITY & COLLEGE, GL19 3BE



JUNIOR SUPPORTERS

SPOT THE BALL



FACE MASH



QUICK-FIRE QUESTIONS

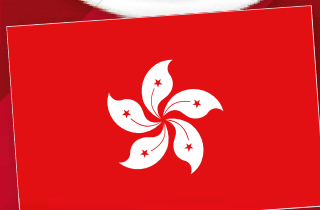
1 Which player always eats Spaghetti Bolognese before a match?

- A) Tom Seabrook
- B) Billy Twelvetrees
- C) Jamal Ford-Robinson



2 Which player was born in Hong Kong?

- A) Charlie Sharples
- B) Freddie Clarke
- C) George Barton



3 Which cherry and white made their England debut against Tonga in this year's Autumn Nations Series?

- A) Jack Clement
- B) Mark Atkinson
- C) Jonny May



OUT OF FOCUS



Who is this Cherry and White?

VIDEO CHALLENGE

CLICK HERE!



Don't miss out on the latest Gloucester Rugby TikTok action!

OUT OF FOCUS: Tatyana Heard | SPOT THE BALL: C | QUICK-FIRE QUESTIONS: 1 - B, 2 - A, 3 - B | FACE MASH: Jack Clement, Tom Seabrook, George Barton



THE TEAMS



VS



T P C D

T P C D

				Kyle MOYLE	15	Darren ATKINS				
				Alex MORGAN	14	Ruaridh MCCONNOCHIE				
				Tom SEABROOK	13	Max OJOMOH				
				Billy TWELVETREES	12	Will BUTT				
				Jacob MORRIS	11	Gabriel HAMER-WEBB				
				Lloyd EVANS	10	George WORBOYS				
				Charlie CHAPMAN	9	Max GREEN				
				Harry ELRINGTON	1	Arthur CORDWELL				
				Santiago SOCINO	2	Tom DUNN (C)				
				Fraser BALMAIN	3	Kieran VERDEN				
				Freddie CLARKE	4	Ewan RICHARDS				
				Andrew DAVIDSON	5	Will SPENCER				
				Ruan ACKERMANN	6	Jaco COETZEE				
				Lewis LUDLOW (C)	7	Thompson COWAN				
				Ben MORGAN	8	Nahum MERIGAN				

REPLACEMENTS

				Henry WALKER	16	John STEWART				
				Val RAPAVA RUSKIN	17	Will VAUGHAN				
				Jamal FORD-ROBINSON	18	D'Arcy RAE				
				Freddie THOMAS	19	Josh DINGLEY				
				Jack CLEMENT	20	Richard DE CARPENTIER				
				Ben MEEHAN	21	Tom CARR-SMITH				
				George BARTON	22	Ciaran DONOGHUE				
				Louis HILLMAN-COOPER	23	Gabe GOSS				

MATCH OFFICIALS

Referee: Anthony Woodthorpe
Assistant Referees: Joe James and Paul Dix
TMO: Rowan Kitt **Citing Officer:** Buster White