



## 1.3a – Carrying Out Risk Assessments

### CARRYING OUT RISK ASSESSMENTS

Name of Assessor: .....

Date: .....

Activity Being Assessed: .....

Location: .....

#### TASKS

1. You must find potential hazards around the gym for the activity you have chosen (e.g. Basketball)
2. Give the potential hazard a rating out of 10 (10 being the most severe e.g. death)
3. Give the hazard a level of risk. I.e. the chance that it could actually happen. 10 being the most certain

Hazard	Level of Danger	Level of Risk	How can we prevent it?