



Guidelines for 'Refereeing signals'

Activity title:	Refereeing signals
Curriculum area:	CPSHE & P.E & Art
NC objectives:	CPSHE: 3a) & P.E: 2b) Art: 1b), 2a), 2b), 3a), 3b), 4a), 5a), 5b) & 5c)
Main learning objective	To understand the refereeing signals in the game of rugby and to understand communication methods other than speech

Timing	Lesson plan ideas, activities and resource sheets
INTRODUCTION 5 minutes	<ul style="list-style-type: none"> • Ask the class about who organises their games at break time and lunch time. Do the games work effectively without nominated people to take care of rules and officiating? • Encourage the pupils to suggest ways of overcoming the problems e.g. use referees • Discuss the role of referees in a game of rugby and explain that, for certain actions on the rugby pitch, the referees make specific signal to the players and spectators. Ask pupils if they know any refereeing signals. • Explain the main task to be carried out during the lesson.

Continued



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<p>MAIN ACTIVITY</p> <p>40 minutes</p>	<ul style="list-style-type: none"> Provide the class with '3.7a Drawing the refereeing signals' worksheet and, for the descriptions given., ask pupils to draw what they think the refereeing signals are. Once finished, access the BBC Sport Academy at http://news.bbc.co.uk/sportacademy/bsp/hi/rugby_union/rules/referees_signals/html/default.stm and show the class the current set of Rugby Football Union refereeing signals. Working in pairs, pupils should learn the refereeing signals and understand what they mean. Then they should assess the accuracy of their own drawings.
<p>PLENARY</p> <p>15 minutes</p>	<ul style="list-style-type: none"> Once the pupils are confident that they know the signals, play a game of 'Referee says' (in the same way as Simon says) where the teacher calls out an action, eg, scrum, knock on, etc, and the pupils must make the corresponding signal. The last pupil to perform the signal is out and the game continues to find a winning referee.

Suggested extension activities or cross curricular links:

- Encourage the children to use friends to act as referees when playing rugby and other games at lunch times and break times; maybe children who are not able to play for any reason could do the job.
- Use children as referees during rugby lessons in PE,
- Discuss communication methods, other than speech, that may be used in everyday life; possibly learn sign language.