
GLOUCESTER RUGBY FOOTBALL CLUB

(FOUNDED IN 1873)

**TO-DAY'S GAME IS VERSUS
BRISTOL**

(KICK-OFF 3-0 p.m.)

**NEXT WEEK'S GAME:
Saturday—UNITED v. BRISTOL AERO
NEXT FIRST XV HOME GAME:
February 5th—CIVIL SERVICE**

OUT FOR REVENGE

S NOW, frost, hail and other weather variations permitting, we shall have the pleasure of greeting to-day our rivals of long standing, Bristol. However stern have been the clashes of the past between the two sides, play has never reached the level of what is usually implied by the term "a local derby." Both our visitors and ourselves are well aware that on us rests the responsibility for setting a standard for rugby over a very wide area. Whatever the records of the two sides this season may read, we know that this afternoon's game will produce another of those close struggles which have characterised the long sequence which has been played. We witnessed with joy a revival of Gloucester rugby, in some measure, in the last game with Leicester and all supporters hope to see that recaptured spirit very much to the fore to-day.

Official Programme : Price Threepence

GLOUCESTER HIPPODROME

PRESENTING THE LATEST ATTRACTIONS on the
GIANT ALL-PURPOSE SCREEN

ALL CinemaScope Productions in FULL STEREOGRAPHIC SOUND

GLOUCESTER (RED and WHITE)

TO-DAY'S REFEREE

BRISTOL (BLUE and WHITE)

- Full Back
1 **B. SIBERY**
- Three-quarters
2 **A. HOLLINGSWORTH**
3 **I. SHEEN**
4 **M. BAKER**
5 **R. BLAIR**
- Half Backs
6 **D. JONES**
7 **J. HOBBS**
- Forwards
8 **R. PARRY**
9 **C. THOMAS**
10 **D. SOLOMON**
11 **J. VARNEY**
12 **M. C. JONES**
14 **P. FORD**
15 **R. HODGE (Capt.)**
16 **D. IBBOTSON**

Mr. W. J. EVANS (Welsh Society)

THE FIRST AID SERVICE ON THIS GROUND IS VOLUNTARILY PROVIDED BY
THE CITY OF GLOUCESTER DIVISION ST. JOHN AMBULANCE BRIGADE

1954		1955	
Sept. 11	Lydney H 11-0	Jan. 1	London Scottish ... H 8-12
18	Moseley H 22-5	6	Army H Canc.
23	Cheltenham H 5-3	8	Leicester H 11-
25	Bristol A 22-20	15	Wasps A Canc.
30	Stroud H 11-8	22	Bristol H
Oct. 2	Bedford H 6-6	29	Neath A
9	Richmond H 6-18	Feb. 5	Civil Service H
(Glos. v. Cornwall, Bristol)		12	Bath A
16	Newport A 0-10	19	Swansea A
23	Coventry H 5-31	26	Cardiff H
(Glos. v. Devon, in Devon)		Mar. 5	Northampton A
30	Oxford University ... A 3-27	12	R.A.F. H
Nov. 6	Leicester A 6-12	19	Guys Hospital H
13	Moseley A 11-21	26	Newport H
(Glos. v. Som., Kingshelm)		31	Stroud A
20	Aberavon H 3-16	Apr. 2	Harlequins A
27	Cardiff A 8-9	6	Cheltenham A
Dec. 4	Neath H 3-6	9	New Brighton H
11	Bath H 11-3	11	Sale H
18	Coventry A 8-14	12	Lydney A
27	O.M.T.'s H 13-19	16	Ebbw Vale H
28	U.A.U. H 3-14	23	Devonport Services ... A
		25	Redruth A
		26	Feignmouth A
		30	Exeter H

- Full Back
A **T. U. WELLS**
- Three-quarters
B **M. G. ELLERY** R.W.
C **D. GRIFFITH** R.C.
D **R. W. TROTT** L.C.
E **B. J. BROAD** L.W.
- Half Backs
F **. BLAKE** O.H.
G **E. BLACKMAN** S.H.
- Forwards
H **J. A. SCOTT**
I **D. WOODWARD**
J **A. E. CARTER**
K **A. MACDONALD (Capt.)**
L **R. C. HAWKES**
M **G. W. DAVIS**
N **G. CRIPPS**
O **J. T. DINGLE**

TO-NIGHT
AND ALL
NEXT WEEK

In CinemaScope and Full Stereophonic Sound

The Enormously Successful Film

"THREE COINS IN THE FOUNTAIN" (U)

(DeLuxe Colour)

FULL PROGRAMME IN SUPPORT

TO-NIGHT
AND ALL
NEXT WEEK

RECORDS COMPARED

LAST season, Gloucester won 11—3 against Bristol at Kingsholm and drew 3—3 at the Memorial Ground. And who will forget that riot of scoring last September at Bristol when our boys just pipped home as winners by 22 points to 20? That was the outstanding success which gave us all high hopes of another great season for Gloucester and which has made the subsequent events this season all the more bitter.

There is a curious similarity in reverse, so to speak, between the records of the two sides. In their 22 games Bristol have won 13 and lost 7, which is the exact opposite to our melancholy figures. We have drawn one game this season and Bristol two.

COLD WEATHER AND TRAINING

A medical man, who is a keen supporter of Gloucester, sends along an extract from the "British Medical Journal" about injuries at rugby, the result of the observations of an Irish M.O. who has some interesting things to say about cold weather and training, thus:—

"The strength of joints does not depend on ligaments, but on the firm bunch of muscles above and below. Too often the injured player attempts to return to the game before fully regaining muscular tone, lays himself open to further damage and becomes accident prone. Nor should any player take part in any game if he is feverish or has a septic infection, for serious damage can be caused thereby . . ."

"Many strains and muscle injuries occur in ill-trained individuals early in the game in cold weather. Few spectators who saw a recent International played in a snow-storm at Twickenham after a six weeks interval from play due to frost will forget the spate of cramps and muscle pulls that occurred during and after that game."

"IT CLEARLY SHOWED THAT THE ONLY REAL TRAINING FOR RUGBY FOOTBALL IS RUGBY FOOTBALL."

AN EXPERT'S OPINION

OUR old friend from Bristol, L. J. Corbett has been speculating in his weekly press article on the "appalling low standard of back play in the West of England."

He names Gloucester as one of the leading West clubs who, "once upon a time" reckoned to contribute at least one of the England back division and this is the talking point he makes:—"With few exceptions the West Country half-back or three-quarter of to-day lack the pace, cleverness and polish of his counterpart in other parts of England, while comparison with players in Welsh clubs leaves him at an even greater disadvantage."

And Len blames the poorness of backs on the tardiness of packs in in heeling from the loose and adds that halves and threes need to improve their own quickness off the mark and rapid acceleration of pace. There's something for all players to think about.

Len also dons the mantle of a prophet—"One hopes we shall not have long to wait before Gloucester produce another England full-back, a habit which became almost a tradition before the war."